

## ASSESSING PSYCHOSOCIAL INFLUENCES

**Resident Name:**

INDIVIDUALIZED INTEREST CHART		
TOPIC/AREA	FAVOURITES	STRESSORS
Family/friends/caregivers		
Life events (marriage, career, military experience, etc.)		
Daily/weekly routines/ rituals		
Strengths and weaknesses in ADLs		
Chores/ tasks		
Things to reminisce about		
Colors/clothes/ comfort items		
Music (performers, songs, styles, instruments)		
Forms of exercise (dance, sports, walking, etc.)		
Games/hobbies/activities		
Entertainment (movies, TV shows, comedians, books, Broadway shows, etc.)		
Environmental locations (within and outside the home, including places to visit)		
Sights/sounds/tactile sensations		
Foods/drinks		

Source: 1998 Better Directions, Inc.  
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