

SIG:ECAPS

Screening Tool for Depression in Older Adults

S SLEEP
Insomnia

I INTEREST
Loss of pleasure & interest; anhedonia

G GUILT
Inappropriate guilt or feelings of worthlessness

: COLON
Constipation; continuous complaints re: bowels

E ENERGY/EMOTION
Loss of; fatigue
Irritability or anxiety

C CONCENTRATION
Diminished ability to think; indecisive

A APPETITE
Eats too little; weight loss

P PSYCHOMOTOR
Agitation or retardation

S SUICIDAL IDEATION
Feels empty inside; talks about 'ending' all;
attempts/plans for suicide
