

Where do we work?

We are a VCH resource and provide service to caregivers and staff in:

- Vancouver's residential care facilities
- Vancouver's community healthcare professionals

What else do we offer?

- Video resource library
- Links to web resources on our website

What does it cost?

The majority of programs are free of charge for staff and families.

How do I find out more?

Contact:

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Visit the website: www.gpep.ca
or
e-mail: gpep@vch.ca

Geropsychiatric Education Program (GPEP)



For more copies, go online at <http://vch.eduhealth.ca> or email phep@vch.ca and quote Catalogue No. **EF.700.G319**
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www.vch.ca

Vancouver

What is our mandate?

GPEP provides geropsychiatric education, educational resources, and consultation within Vancouver's residential care facilities. Using adult learning theory and best practice principles in gerontology, GPEP strives to enhance knowledge and skills to deliver consistent, high quality care.

Who is GPEP?

A program within VCH's Vancouver Community Mental Health Services (VCMHS) working closely with the Vancouver Residential Practice Team. GPEP is supported by an educator and a support staff.

What do we value?

- Commitment to person-centred care
- Adult learning theory and educational principles
- A team approach which includes collaboration, consultation, and sharing of resources.

What is the GPEP Model?

The GPEP model is a framework that assists staff in providing care to residents with challenging behaviors that often accompany geropsychiatric illnesses. Through this model and its accompanying Behaviour Assessment Tool (BAT), GPEP facilitates a process of supporting staff to develop individualized care plans and implement person-centred care. The model is based on the belief that all behaviour has a cause related to the following influences:

- Psychiatric
- Physiological
- Psychosocial
- Environmental

Understanding the cause(s) of behaviour is the first step to individualized care planning. For more information on the GPEP Model as an assessment and care planning tool, please visit our website.

What services do we offer?

- Care reviews/individualized care planning using the GPEP Model
- Consultation
- On-site geropsychiatric education in services/programs/workshops/conference presentations

What education topics are covered?

- Care for Elders: An Interprofessional Modular Curriculum for Geriatrics
- 3 D's (Dementia, Depression, Delirium), including Assessment Tools
- Communicating with Persons with Dementia
- Pain Assessment and Palliative Care in Dementia
- Responding to Anxiety, Agitation and Aggression
- Sexual Behaviour and Dementia
- Abuse Prevention
- Schizophrenia, Bipolar Disorder, Obsessive Compulsive Disorder, and Personality Disorders in the elderly
- Bathing challenges in Residential Care

All workshops can be tailored to meet individual learning needs.

Visit the GPEP website for complete program/education listings and descriptions.