

## How do I get started with Care for Elders?

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## For more information on GPEP, check out the website:

www.gpep.ca  
or  
e-mail: gpep@vch.ca

## For direct access to the Care for Elders modules:

Care for Elders is available to anyone in BC. All modules are paper based and are available by email. Contact:

Jacquie Bailey  
604-875-4461  
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For e-modules, please go to:  
www.careforelders.ca

# Care for Elders

An interprofessional modular curriculum for geriatrics



For more copies, go online at <http://vch.eduhealth.ca> or email [phep@vch.ca](mailto:phep@vch.ca) and quote Catalogue No. **GT.022.C18**  
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## What is Care for Elders?

An interprofessional modular curriculum on geriatric care. Care for Elders was designed by Dr. Martha Donnelly, Department of Family Practice and Department of Psychiatry at UBC, in partnership with an interdisciplinary team.

## What are the goals for the Care for Elders curriculum?

- To learn best-practices geriatric evidence based content
- To improve health care for elders
- To improve interprofessional team functioning
- To foster self-directed learning

## Who would benefit from learning the material?

Any professional who provides care to the geriatric population, including physicians, nurses, social workers, occupational therapists, physiotherapists, pharmacists. The Care for Elders curriculum advances the health professional's clinical knowledge in the area of geriatric care.

## What topics are covered?

- Successful aging
- Interprofessional team work
- Falls
- Medications and the older adult
- Chronic neurological disorders
- Depression and grief
- Dementia (early and late)
- Delirium
- Persistent pain
- Palliative care
- Long journey – (informal support systems)
- Continence
- Nutrition, oral health, dysphasia
- BC Incapacity Agreement I and II
- Patient safety
- Communication: hearing loss in the elderly

## What is the format of the sessions?

- 16 stand alone interactive education modules.
- Module content is case-based.
- Sessions are group directed and best experienced in small groups of 6 – 10.
- Each two-hour session has a non-expert facilitator. Guiding questions and explanatory material for each module are provided to facilitators.
- Each module has a pre-reading requisite of 1½ hours.

## GPEP in partnership with Care for Elders

The Geropsychiatric Education Program (GPEP) within VCH is committed to helping you get the most out of Care for Elders. Our educator is available to:

- Facilitate a Care for Elders module at your worksite.
- Coordinate a session with learners from other areas.

## Become a Care for Elders facilitator

Unlike some education sessions, the facilitator is not expected to be an expert in the content area of the module he or she may be facilitating. Rather, the role of the facilitator is to guide, not lecture.

The modules are accompanied by a written facilitator's guide and video. The video demonstrates poor, fair and good facilitation styles, while the written guide clarifies the structure and recommended format for facilitation.